



HUMANE THERAPY NOT DRUG TYRANNY

A meeting to discuss the abuses within the psychiatric system, what would a humane asylum be like and how do we get from one to the other.

Dr Bob Johnson is a psychiatrist who is against routine use of pharmaceutical medication in Mental Health treatment, and who believes that what is truly helpful is: to be listened to. Author of 'Unsafe at any Dose', his website is www.truthtrustconsent.com

Volunteers from Tower Hamlets African and Caribbean Mental Health Organisation (THACMHO) believe the best treatment for mental health is a strong, vibrant and caring community. They will share their ideas and successes.

There will be an interval with music and refreshments.

Date: Friday October 30th 2009

Time: 6.30 doors open for 7pm start

Venue: Kingsley Hall, corner Powis and Bruce Roads, E3 3HU,

(Nearest tube station: Bromley-By-Bow)

No entrance fee but there will be a collection to cover costs.

FEEL – Friends of East End Loonies is a campaign group on these issues, and meets the 3rd Monday of the month at 6.30 pm at the LARC centre, 62 Fieldgate St E1. For more information call: David: 020 7790 0269 or Myra: 020 7159 3805 email: f.e.e.l.campaign@googlemail.com



Madness is a terrifying and painful experience, and as a staff nurse told me, ‘you’ll fade into the wallpaper here, love.’ – a living death. But is this madness a creative and personal response to a fractious and impersonal normality?



We need a liberating movement to transform hospitals and Mental Health Units into humane asylums and to demand the full range of complementary and natural therapies including arts therapies (which a study has indicated is more effective than drug therapy) and talking therapy, and an end to pharmaco-custodial control.



East Enders deserve humane asylums like the Royal Bethlem Hospital in SE London, and freedom from the chemical cosh. Come and contribute to creating strategies to achieve these demands.

